



# SALLISAW PUBLIC SCHOOLS

## Liberty Elementary School

### Breakfast and Lunch Menu

April 2024



Available to Kindergarten, First, Second and Transition: Turkey & Cheese or Ham & Cheese Sandwich, Fruit, Veggie and Milk

No Sack Lunches Available

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 School year.</p>		
1	2	3	4	5
Breakfast Pizza Fruit Juice, Milk	Yogurt and Grahams Fruit Juice, Milk	Yogurt Parfait Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
<b>Ham and Cheese Flatbread</b> Baked Beans Fruit Salad Bar Milk	<b>Vegetable Beef Soup</b> Cheese Stick & Crackers Fruit Salad Bar Cinnamon Roll Milk	<b>Chicken and Waffles</b> Potato Smiles Syrup Fruit Salad Bar Milk	<b>Chicken Taco</b> Sweet Corn Chips and Salsa Fruit Salad Bar Milk	<b>Fish Sticks</b> French Fries Fruit Salad Bar SideKick Milk
8	9	10	11	12
Sausage Biscuit Fruit Juice, Milk	Cinnamon Toast Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
<b>Turkey and Cheese Sliders</b> Potato Wedges Fruit Salad Bar Cookie Milk	<b>Spaghetti w/ Cheese Stick</b> Green Beans Breadstick Fruit Salad Bar Milk	<b>Chicken Nuggets</b> Mashed Potatoes WH Hot Roll Fruit Salad Bar Milk	<b>Crispito</b> Refried Beans Chips and Salsa Fruit Salad Bar Milk	<b>Toasted Cheese Sandwich</b> French Fries Strawberries and Cake Salad Bar Milk
15	16	17	18	19
Breakfast Pizza Fruit Juice, Milk	Blueberry Bread Fruit Juice, Milk	Pop Tart Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	
<b>Hamburger</b> Baked Beans Fruit Salad Bar Milk	<b>Chicken and Noodles</b> Green Beans Fruit Salad Bar GoGurt Milk	<b>Scrambled Eggs</b> Sausage Links Hashbrown and Toast Fruit Salad Bar Milk	<b>Beef Nachos</b> Corn o the Cob Fruit Salad Bar Orange Sherbert Milk	
22	23	24	25	26
Sausage Biscuit Fruit Juice, Milk	Donut Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
<b>Breaded Chicken Sandwich</b> Potato Wedges Fruit Salad Bar Cookie Milk	<b>Burrito</b> Spanish Rice Fruit Salad Bar Milk	<b>Macaroni and Cheese</b> Sausage Roll Green Beans Fruit Salad Bar Milk	<b>Beef Taco</b> Refried Beans Chips and Salsa Fruit Salad Bar Milk	<b>Cheese Pizza</b> Tossed Salad Fruit Salad Bar Jello Milk

\*\*\*Menu Subject to Change According to Product Availability\*\*\*

This institution is an equal opportunity provider.